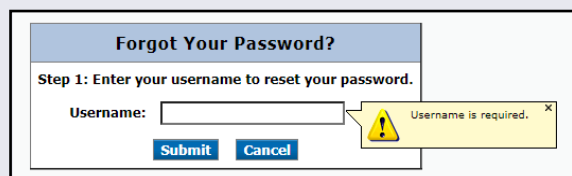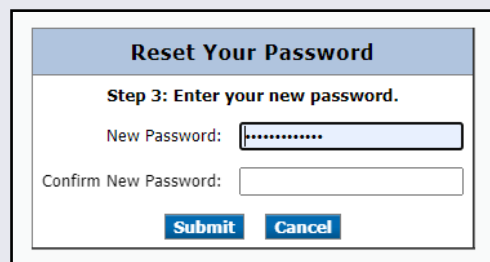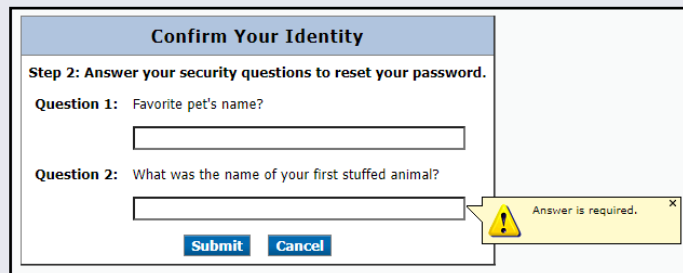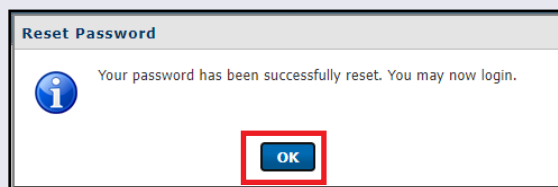# Updating Your Password
in My Direct Care

To change/update your password once you've logged in, go to Settings > Update Password. Type in your current password, then your new password, and click Change Password.

To change your password because **you've forgotten your password,** click Username/Password Help. Follow the instructions on each page until your password has been successful reset.

Note: If you are unable to remember your answers to the security questions, please contact CDTX for assistance.